

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025

Results - Session 6 (Warmup 3.00 - 4.00)

Event 205 Women 14-15 100 LC Meter Backstroke

	Name	Age	Team	Finals Time
Finals				
1	Anderson, Rosalie	15	Co Cardiff	1:05.56
	31.79	33.77		
2	Daniel, Megan	15	Caradon	1:08.64
	33.04	35.60		
3	Spence, Emilia	14	Co Birm'ham	1:08.73
	34.24	34.49		
4	Hall, Emily	15	Warrington W	1:09.61
	33.75	35.86		
5	Thomas, Serenity	15	NofioGwynedd	1:09.82
	33.99	35.83		
6	Bennett, Isla	14	Co Cardiff	1:10.59
	33.65	36.94		
7	Nichols, Grace	15	Pembs Cty	1:10.68
	33.92	36.76		
8	Allen, Isabel	14	Co Cardiff	1:12.47
	35.09	37.38		

Event 205 Women 16-17 100 LC Meter Backstroke

	Name	Age	Team	Finals Time
Finals				
1	Titchener, Megan	17	Torfaen D	1:04.38
	31.37	33.01		
2	Dwyfor-Clark, Efa	16	NofioGwynedd	1:05.77
	32.08	33.69		
3	Owen, Gracie	17	Torfaen D	1:06.24
	32.32	33.92		
4	Wardell, Cari	16	Co Cardiff	1:09.02
	33.43	35.59		
5	Parfitt, Lucy	17	Co Cardiff	1:09.25
	33.76	35.49		
6	Huws, Awen	17	Rct Squad	1:12.29
	34.48	37.81		

Event 205 Women 18 & Over 100 LC Meter Backstroke

	Name	Age	Team	Finals Time
Finals				
1	Stead, Martha	20	Swansea Uni	1:04.88
	31.56	33.32		
2	Fox, Honor	18	Co Cardiff	1:06.82
	32.33	34.49		
3	Salmon, Gwen	18	Rct Squad	1:07.42
	32.77	34.65		
4	Croke, Carys	18	Torfaen D	1:08.19
	32.71	35.48		
5	Lush, Emily	23	Swansea Uni	1:08.21
	32.56	35.65		
6	Leggott, Holly	23	Swansea Uni	1:10.11
	33.47	36.64		
7	Blake, Emily	18	Co Cardiff	1:10.44
	34.21	36.23		
8	Smart, Charlotte	18	Swansea Aq	1:10.59
	33.87	36.72		